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Spinal Muscular Atrophy: Clinical Aspects, Diagnostics and Follow-Up

Thursday, June 7, 2018

Dial in: 866.740.1260 (passcode 4852701#)

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Moderator: Patricia Hunt, Texas Department of State Health Services

Speaker: Jennifer Kwon, MD, MPH, University of Rochester Medical Center

- 1:00 1:05 Welcome and Introduction
- 1:05 1:20 Overview of SMA, Clinical Manifestations
- 1:20 1:35 Diagnostic Issues
- 1:35 1:50 Treatment and Follow-Up
- 1:50 2:00 Q&A and Closing



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<u>APHL Webinar</u> Spinal Muscular Atrophy: Clinical Aspects, Diagnostics, and Follow-up

Jennifer Kwon, MD University of Rochester Medical Center Rochester, NY

June 2018

Disclosures

- Sanofi-Genzyme-site PI, Genzyme Registry; travel
- Biomarin consultant fees, travel
- Evidence Review Group (Kemper, PI) *My comments are my own should not be taken to reflect the views of any federally sponsored agency, including the ERG

Spinal Muscular Atrophy (SMA)

- Autosomal recessive disease affecting the (lower) motor neurons in the spinal cord and brainstem, resulting in progressive motor weakness and atrophy
- Broad phenotype spectrum ranging in age of onset (birth to adulthood), severity, and clinical course
 - Types of SMA are primarily distinguished by the severity of muscle weakness and age of symptom onset
 - Types 1 & 2 are most severe



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Maria

- 2nd child, normal pregnancy & delivery
- Admitted at age 3 months for viral respiratory infection ("a cold") requiring intubation
- Exam: social smile, tracks well. Persistent head lag, unable to lift legs off bed. Could not lift arms at shoulders but could lift her forearms and grasp.



- Able to be extubated after 2 days
- By 6 months she was unable to feed well. Parents agreed to G-tube but did not want artificial airway.
- She received palliative care and died at 10 months of age.







SMA TYPE 2







SMA TYPE 3

SMA: clinical variability

- All (*nearly*) types of SMA are caused by bi-allelic (*often homozygous*) deletions of SMN1
 - These mutations are inactivating
 - Absence of SMN protein is lethal
- Aberrant processing of SMN2 premRNA leads an SMN1 transcript ("*two wrongs make a right*")



Image credit: Stephen J. Kolb, MD, PhD; John T. Kissel, MD; Wikimedia CC



Diagnosing SMA

- SMA is typically diagnosed DNA testing, and all commercial labs provide SMN1 deletion results and SMN2 copy number
- SMN2 copy number is associated with motor function but it is not sufficient to predict SMA type in presymptomatic children

Diagnosing SMA



Fig. 1. Diagnostic algorithm for spinal muscular atrophy (SMA: spinal muscular atrophy; SMN1: survival motor neuronon 1; SMN2: survival motor neuron 2; NMD: neuromuscular disorders; EMG: electromyography; NCV: nerve conduction velocity; CK: creatine kinase levels; WES: whole exom sequencing; WGS: whole genome sequencing).

Eugenio Mercuri, Richard S. Finkel, Francesco Muntoni, Brunhilde Wirth, Jacqueline Montes, Marion Main, et al. 2018 Diagnosis and management of spinal muscular atrophy: Part 1: Recommendations for diagnosis, rehabilitation, orthopedic and nutritional care, Neuromuscular Disorders, 28:103-115,



SMA Classifications & SMN2 Copy Number

SMA Type	Age Onset	Best Motor	SMN2 copies	Relative Freq	Life Span
1	0-6 months	Never sits	1*, 2, 3	0.54	< 2 years
2	6-15 months	Sits w/o support	2, 3, 4	0.18	> 2 years to early adult
3	>18 mo	Walks	3,4	0.25	Adult
4	>21 year	Walks	4, 5	0.03	Adult

Adapted from Advisory Committee Presentation, February 2018

Distribution of SMN2 Copies



Calucho et al 2018, Correlation between SMA type and SMN2 copy number revisited: An analysis of 625 unrelated Spanish patients and a compilation of 2834 reported cases







4 weeks Parents noted weakness7 weeks Diagnosed with SMA

7 weeks Started receiving ISIS SMN_{RX}

Google: "Cameron" "SMA" "nusinersen"



4 1/2 m

20 months old STANDING !

play









Timeline

- 2015-2016 ISIS SMN_{RX} results
- December 2016 FDA approved nusinersen (Spinraza) for SMA, "all types, all ages"
- Announced the price: \$750,000 in the first year, and \$375,000 annually for life

Barriers

- High cost
- Managing the needs of SMA patients of "all ages and all types"
- Lack of information about optimal timing of treatment in milder forms of SMA.

SMA NBS Treatment Guidelines

(Glascock et al, 2018)

- The working unanimously recommended immediate treatment for infants likely to have SMA types I and II
 - Therefore, they recommended early nusinersen treatment in all infants with 2 or 3 SMN2 copies

SMA NBS Treatment Guidelines

(Glascock et al, 2018)



Fig. 1. SMA Newborn Screening Treatment Schematic for SMN-Up-Regulating Therapy. SMA=spinal muscular atrophy; SMN=survival motor neuron.

From Spanish cohort of 625 SMA patients, distribution of SMA types according to SMN2 copy number (Calucho et al 2018)



Suggests that ~90% of newborns with SMA will have 2 or 3 SMN2 copies

US Hospital Business 101

Part I. Expensive Drugs

- Given in an outpatient setting
- Are never fully reimbursed by Medicaid
- Are financially risky to store in hospital pharmacies
- Are likely to cause deficits in pharmacy budgets because of the lag in payments





Challenges of Intrathecal Administration

- In modern hospitals, places to performing lumbar punctures (LPs) are limited
- The location of this procedure depends on whether sedation is required or not
- Issues of scheduling rooms and personnel over two months

Infusion Schedule

May	June	July		
SMTWThFS	SMTWThFS	SMTWThFS		
1 2 3 4 5 6	$\begin{array}{c} 1 \\ 2 \\ 3 \end{array}$	1		
7 8 9 10 11 12 13	4 5 6 7 8 9 10	2345678		
14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15		
21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22		
28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29		
		30 31		
	Everv 4 n	onths after that		
	₹			

Who Will be Treated?

- A reasonable business plan for treating SMA longterm with nusinersen is unlikely to be equitable or just
- Guidelines for SMA care exist, but need to be modified now that we have NBS



Available online at www.sciencedirect.com

ScienceDirect

Neuromuscular Disorders 28 (2018) 103–115



Feb, 2018

Diagnosis and management of spinal muscular atrophy: Part 1: Recommendations for diagnosis, rehabilitation, orthopedic and nutritional care

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Mar, 2018

Check for updates Available online at www.sciencedirect.com



Neuromuscular Disorders 28 (2018) 197-207



www.elsevier.com/locate/nmd

Diagnosis and management of spinal muscular atrophy: Part 2: Pulmonary and acute care; medications, supplements and immunizations; other organ systems; and ethics

Richard S. Finkel ^{a,1}, Eugenio Mercuri ^{b,1,*}, Oscar H. Meyer ^c, Anita K. Simonds ^d, Mary K. Schroth ^e, Robert J. Graham ^f, Janbernd Kirschner ^g, Susan T. Iannaccone ^h, Thomas O. Crawford ⁱ, Simon Woods ^j, Francesco Muntoni ^k, Brunhilde Wirth ¹, Jacqueline Montes ^m, Marion Main ^k, Elena S. Mazzone ^b, Michael Vitale ⁿ, Brian Snyder ^o, Susana Quijano-Roy ^p, Enrico Bertini ^q, Rebecca Hurst Davis ^r, Ying Qian ^s, Thomas Sejersen ^t for the SMA Care group

SMA Longterm Care Guidelines

- Premise that proactive and regularly scheduled PT, orthopedic, pulmonary, and nutritional care can lead to better outcomes
- Follow-up in the MDA (neuromuscular) clinics every 3-6 months for type 1 & 2 patients.



Final Thoughts

- SMA is a disorder of lower motor neurons where the most patients have severe weakness and early death
- Nusinersen is a treatment offering great benefit to those with SMA type 1 and 2 when give presymptomatically (before irreversible lower motor neuron damage)
- Nusinersen is still a new drug and we still have much to learn about who should receive treatment, when treatment should start, and whether it should ever stop

Questions?

• Please press *7 to unmute, or type your question in the chat box.



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Upcoming Webinar

- SMA: Overview of Available Screening Methods Thursday, June 28, 2018, 1:00 – 2:30 pm ET
- * Webinar access information can be found on the Newborn Screening Training webpage at aphl.org and will be sent via the listserv



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